

I love you with all of my heart,
It's a deep love the likes of which I've never felt before,
But there's a deep ache that accompanies it,
Because I have this fear that you'll one day take the love away,
And I'll have let my defenses down,
Opened to you completely,
And so the blow will be fatal,

I know it's stupid,
And it's just depression and self doubt,
But the veneer of nonchalance I wear,
Masks a cracked and fragile center,
Like a rickety jenga tower made of porcelain,
I'm but a touch away from falling irreparably apart,

I do not wish to burden you,
Or make you cautious,
But I needed to write out how I feel,

If we were to some day separate,
I don't think I would do anything drastic,
I have my personal code after all,
But I think I would be broken in a way that can't be fixed,
And I wouldn't have the capacity to love again,

This is a lot I know,
But it feels good to get it out,
One more wall down,
And with it out in the air,
I feel that maybe I can start to heal,
To grow once more,

Atrophied pieces of myself are slowly coming back to life,
But like learning to walk again,
It will take time,

And thankfully I have you,
A shoulder to cry on,
And share these doubts with,

I wouldn't have been able to do any of this without you,
I would still be hiding in my armored shell,
Numbing the world with distractions,
And convincing myself that it doesn't matter,

You pulled me out of this pit,
And for that I'm eternally grateful,
Nothing I could write can properly convey how much you mean to me.
So I'll just say "I love you Jen, more than anything"
And it will have to be enough.